

**WesternOrthopaedics**  
HIP • KNEE • SHOULDERS

Dr. Pavitar  
Sunner

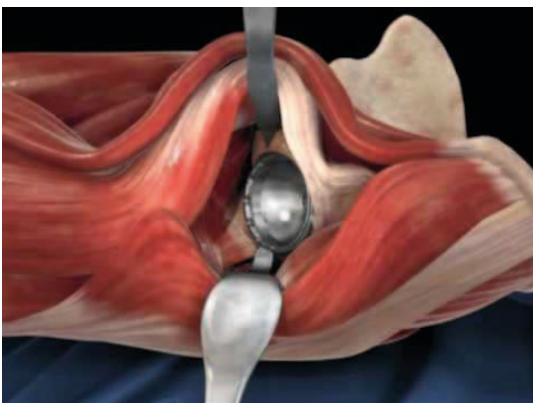


## Anterior Hip Replacement

**Anterior Minimally Invasive Hip Replacement**  
**Anterior Muscle Splitting Hip Replacement**  
**Direct Anterior Hip Replacement**

All of the above refer to the surgical approach to Hip Replacement. Traditionally Total Hip Replacement has been carried out through the posterior approach (most common), or through a variation of the lateral approach. These involve cutting through muscles to access the hip joint. The Anterior Approach is a tissue-sparing alternative to the above approaches and may be applicable in suitable patients.

The Anterior approach involves making an incision in front of the hip and accessing the hip joint by going between the muscle tissues, rather than cutting directly through the muscle. The prosthesis is the same regardless of the approach.



### The potential benefits of Anterior Hip Replacement include:

- ✓ Shorter incisions.
- ✓ Less soft tissue trauma.
- ✓ Less post-operative pain.
- ✓ Quicker recovery and earlier discharge from the hospital.
- ✓ Reduced risk of dislocation and therefore fewer restrictions are required.
- ✓ Quicker return to work.

The direct anterior approach is not suitable for all patients. Revision or difficult primary hip replacement is better carried out through traditional approaches, such as the posterior approach.

### CHRISTMAS CLOSURE

Please be informed our last day of consulting will be the 22nd December 2014.

We will be back for our first day of consulting on the 14th January 2015.

Have a wonderful Christmas and see you in the New Year!



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